



DRYWALL WORK

Overhead reaching can increase risk of MSI

Awkward postures such as overhead reaching are common risk factors for musculoskeletal injury (MSI). Overhead reaching for an extended time increases the risk of injury to the neck, back, and shoulders. These injuries are commonly caused by overextension of the muscle groups. Attempting to exert force through stretched muscles can result in strains and sprains.



Examples of MSI risk

- Installing drywall to ceiling, including screwing, taping, mudding, and sanding
- Working with drywall sheets in an overhead position

MSI control options



Wear stilts.



Work from scaffolding.

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Use handle extensions with auto-feed screw guns, sanding blocks, or taping tools.

- Use a pneumatic or manual panel lifter for overhead installation of drywall.
- Lift only one sheet at a time.
- Ask another worker for help with lifting long sheets of drywall overhead.
- Use mechanical devices such as pneumatic drywall finishing machines to apply finishing compound.

Project: _____ Address: _____

Employer: _____ Supervisor: _____

Date: _____ Time: _____ Shift: _____

Number in crew: _____ Number attending: _____

Other safety issues or suggestions made by crew members:

Record of those attending:

Name: (please print)	Signature:	Company:
1.		
2.		
3.		
4.		
5.		
6.		
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8.		
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11.		
12.		
13.		
14.		
15.		

Manager's remarks: _____

Manager: _____ Supervisor: _____

(signature)

(signature)



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